

Knockout Fitness - Buckeye, AZ
 422 S. Watson Rd.
 Buckeye, AZ 85326
 602-292-4242



Monday thru Thursday: Friday:
 6:00am to 9:00pm 6:00am to 8:00pm
 Saturday: Sunday:
 9:00am to 2:00pm 9:00am to 2:00pm

Monday	Tuesday	Wednesday	Thursday	Friday
6:15 AM	Kickboxing	Boxing	Kickboxing	Boxing
9:00 AM	Boxing	Kickboxing	Boxing	Kickboxing
12:00 PM	Kickboxing	Boxing	Kickboxing	Kickboxing
4:00 PM	Boxing	Kickboxing	Boxing	Kickboxing
5:15 PM	Kickboxing	Boxing	Kickboxing	Kickboxing
5:15 PM	Kids Technique	Kids Technique	Kids Technique	Kids Technique
6:30 PM	Adult Technique	Adult Technique	Adult Technique	Adult Technique
6:30 PM	Boxing	Kickboxing	Boxing	Kickboxing
7:45 PM	Kickboxing	Boxing	Kickboxing	Boxing
7:45 PM	Advanced Technique	Advanced Technique	Advanced Technique	Advanced Technique

Saturday	Sunday
9:30 AM	Kickboxing
11:00 AM	Boxing
11:30 AM	Open Mat
12:00 PM	Open Mat
	Boxing
	Kickboxing

For more information please visit our website at:

www.knockout-fitness.com